

**RE: WHAT IS PRAYER?
WHY DO PEOPLE PRAY?**

WHO HELPS? MAKE A LIST.

- Have a think about who you might turn to when things go wrong.
- A parent?
- A grandparent?
- A close friend?
- An older brother and sister?

WHAT HELPS? THINKING ABOUT HELPFULNESS.

Pick the sentences below which best describe what happens:

- This person magically solves all my problems.
- This person gives me a hug and helps me to feel better.
- This person makes sure nothing ever bad happens.
- This person really cares about me.
- We never bother to talk to each other.
- We like spending time together.
- We enjoy each other's company.
- We cheer each other up.
- We try to help each other out.
- We listen to each other.

TALKING TO OTHERS: A METAPHOR FOR TALKING TO GOD?

- Do you think talking to each other is similar or different to praying?
- We talk to the people we are closest to because they love us and look after us. They don't grant us magic wishes.
- Talking to God. Believers talk to God for the same reasons; this is called praying. While it might be tempting to think that God grants magic wishes, for religious people prayer is really about friendship, love and support.

REFLECTING FURTHER

- Please watch the clip below to learn more about why people pray.
- <https://www.bbc.co.uk/programmes/p02q88sl>

TASK- TO CREATE SYMBOLS FOR WHY WE PRAY.

• Can you think of four pictures to show us why we pray to God? Answers could include:

• To show thankfulness

• To share a worry

• To be joyful

• To say sorry

• To share news

