

Curriculum Intent

At St Luke's, we deliver a Learning for Life (PSHE) curriculum which is accessible to all. It will maximise the outcomes for every child so that they are equipped to lead a successful life within, and beyond, St Luke's C of E Primary School.

We provide our children with opportunities to learn about school and British Values as well as rights and responsibilities; we want to equip our children with the knowledge and skills to appreciate what it means to be a member of a diverse society. Our children are also encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.

We utilise the SCARF Scheme of Work, in order to equip pupils with a sound understanding of the knowledge and skills necessary to make safe and informed decisions. This is delivered in a sequential manner; building on prior learning and preparing for future learning. We cover the National Curriculum statutory guidance on drug education, financial education, citizenship, personal safety, relationship education (RSE) and the importance of physical activity and diet for a healthy lifestyle.

As a result of this, our children will have developed their knowledge and skills so they can be healthy, independent and responsible members of society who understand how they are developing personally and socially, and who have the confidence to tackle many of the moral, social and cultural issues that are part of growing up.

Curriculum Implementation

Scheme of Work

The following Units are taught using the Coram Life Education SCARF Resources:

Me and My Relationships

Valuing Difference

Keeping Myself Safe

Rights and Responsibilities

Being My Best

Growing and Changing

In addition to the SCARF Scheme of Work, our Core Values of Kindness, Thankfulness, Forgiveness, Aspiration & Perseverance are also covered throughout the year via Whole School Assemblies, class assemblies and pupil led RE assemblies.

Each Autumn, the LFL (PSHE) curriculum is also enhanced with each class producing content for a whole school Anti-Bullying assembly.

Vocabulary

Learning subject specific vocabulary enables children to better understand the subject matter. For each year group, specific vocabulary has been identified that all children must learn and understand so that we know they have fully understood what it is they have been learning about.

Curriculum Impact

We implement the SCARF Assessment resources to assess and track our children's learning across the PSHE Curriculum.

In order to effectively assess learning, the children carry out a pre-unit and end of unit assessment each half-term. This type of assessment activity enables both the teacher and the children to clearly see the progress that they have made. Using this, and ongoing formative assessments, we assess children using the SCARF/scheme specific 'I can Statements' to ensure children have developed a secure understanding of the essential knowledge they need to have.



PSHE and wellbeing long-term plan based on SCARF half-termly units and related key themes
 (Units include lesson plans that cover all the DfE statutory requirements for Relationships Education and Health Education)

Year/Half-termly unit titles	1 Me and my Relationships	2 Valuing Difference	3 Keeping Safe	4 Rights and Respect	5 Being my Best	6 Growing and Changing
EYFS	What makes me special People close to me Getting help	Similarities and difference Celebrating difference Showing kindness	Keeping my body safe Safe secrets and touches People who help to keep us safe	Looking after things: friends, environment, money	Keeping by body healthy – food, exercise, sleep Growth Mindset	Cycles Life stages Girls and boys – similarities and difference
Y1	Feelings Getting help Classroom rules Special people Being a good friend	Recognising, valuing and celebrating difference Developing respect and accepting others Bullying and getting help	How our feelings can keep us safe – including online safety Safe and unsafe touches Medicine Safety Sleep	Taking care of things: Myself My money My environment	Growth Mindset Healthy eating Hygiene and health Cooperation	Getting help Becoming independent My body parts Taking care of self and others
Y2	Bullying and teasing Our school rules about bullying Being a good friend Feelings/self-regulation	Being kind and helping others Celebrating difference People who help us Listening Skills	Safe and unsafe secrets Appropriate touch Medicine safety	Cooperation Self-regulation Online safety Looking after money – saving and spending	Growth Mindset Looking after my body Hygiene and health Exercise and sleep	Life cycles Dealing with loss Being supportive Growing and changing Privacy
Y3	Rules and their purpose Cooperation Friendship (including respectful relationships) Coping with loss	Recognising and respecting diversity Being respectful and tolerant My community	Managing risk Decision-making skills Drugs and their risks Staying safe online	Skills we need to develop as we grow up Helping and being helped Looking after the environment Managing money	Keeping myself healthy and well Celebrating and developing my skills Developing empathy	Relationships Changing bodies and puberty Keeping safe Safe and unsafe secrets
Y4	Healthy relationships Listening to feelings Bullying Assertive skills	Recognising and celebrating difference (including religions and cultural difference) Understanding and challenging stereotypes	Managing risk Understanding the norms of drug use (cigarette and alcohol use) Influences Online safety	Making a difference (different ways of helping others or the environment) Media influence Decisions about spending money	Having choices and making decisions about my health Taking care of my environment My skills and interests	Body changes during puberty Managing difficult feelings Relationships including marriage
Y5	Feelings Friendship skills, including compromise Assertive skills Cooperation Recognising emotional needs	Recognising and celebrating difference, including religions and cultural Influence and pressure of social media	Managing risk, including online safety Norms around use of legal drugs (tobacco, alcohol) Decision-making skills	Rights, respect and duties relating to my health Making a difference Decisions about lending, borrowing and spending	Growing independence and taking ownership Keeping myself healthy Media awareness and safety My community	Managing difficult feelings Managing change How my feelings help keeping safe Getting help
Y6	Assertiveness Cooperation Safe/unsafe touches Positive relationships	Recognising and celebrating difference Recognising and reflecting on prejudice-based bullying Understanding Bystander behaviour Gender stereotyping	Understanding emotional needs Staying safe online Drugs: norms and risks (including the law)	Understanding media bias, including social media Caring: communities and the environment Earning and saving money Understanding democracy	Aspirations and goal setting Managing risk Looking after my mental health	Coping with changes Keeping safe Body Image Self-esteem