

Curriculum Intent

Our PE curriculum aims to inspire all pupils to succeed and excel in physical activities, promoting physical health, confidence, and teamwork. We provide a broad and balanced programme that develops fundamental movement skills, encourages active participation, and fosters enjoyment of physical activity. Through a range of sports and games, pupils build resilience, leadership, and respect, preparing them for a lifelong commitment to health and fitness.

Curriculum Implementation

At our school, we deliver high-quality PE lessons through the *Get Set 4 PE* scheme, ensuring full coverage of the National Curriculum and a clear progression of skills from EYFS to Year 6. Lessons are structured to support quality first teaching, with clear learning objectives, inclusive activities, and regular assessment opportunities. Teachers use detailed planning and resources to build pupils' confidence and competence in a range of physical activities. To further enhance subject knowledge and delivery, staff engage in ongoing CPD led by specialist PE coaches who also support in-class delivery. This collaborative approach ensures consistent, high-quality teaching and enables all pupils to develop the physical literacy, teamwork, and resilience needed to lead healthy, active lives.

Curriculum Impact

The impact of our PE curriculum is reflected in the confidence, enthusiasm, and physical competence of our pupils across a wide range of activities, including swimming. Through a progressive programme, children develop essential physical skills such as agility, balance, coordination, and teamwork, as well as water confidence and key swimming techniques. By the end of Year 6, the majority of pupils meet or exceed national expectations in swimming, including the ability to swim at least 25 metres, use a range of strokes effectively, and perform safe self-rescue. Pupils leave our school with a positive attitude towards physical activity and a clear understanding of how to lead a healthy, active lifestyle. Regular assessment, pupil voice, and targeted CPD ensure high-quality provision and outcomes across all areas of PE. Many children go on to participate in extracurricular sports and swimming, representing the school with pride and demonstrating excellent sportsmanship and resilience.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Introduction to PE: Unit 1	Fundamentals	Gymnastics: Unit 1	Dance: Unit 1	Ball Skills	Athletics
Year 1	Ball Skills Fundamentals	Invasion Gymnastics	Net and Wall Games Team Building	Yoga Fitness	Sending and Receiving Athletics	Striking and Fielding Games Target Games
Year 2	Fundamentals Net and Wall Games	Gymnastics Ball Skills	Target Games Dance	Sending and Receiving Invasion Games	Team Building Athletics	Striking and Fielding Games Fitness
Year 3	Fundamentals Ball Skills	Dance Yoga	Gymnastics Fitness	Golf Rugby	Athletics Cricket	Tennis Rounders
Year 4	Fundamentals Ball Skills	Gymnastics Netball	Rugby OAA	Dance Hockey	Rounders Athletics	Tennis Cricket
Year 5	Dodgeball Yoga	Badminton Fitness	Volleyball Netball	Football OAA	Athletics Swimming	Tennis Swimming
Year 6	Netball Football	Gymnastic Dance	Badminton Handball	Rugby Volleyball	Cricket Athletics	Rounders Cricket