



What should I know already?

- To stay alive, all animals have 3 basic needs: air, water and food.

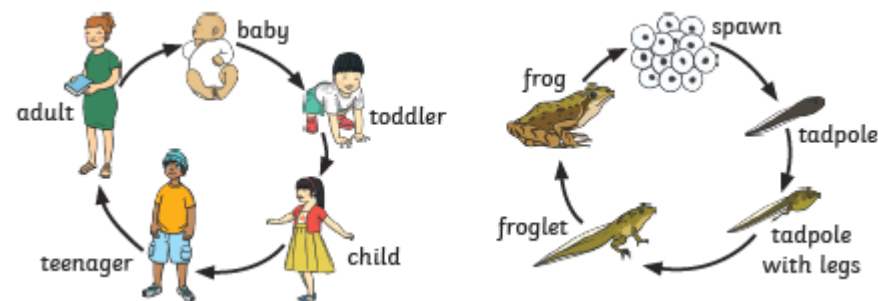
Things I need to know

- All living things **reproduce** and have **offspring**.
- Some animals lay eggs which hatch. When they hatch some animals look like their **adult**. E.g. birds and reptiles.
- Some animals give birth to **live young**. They normally look like them when they are born.
- Other animals have **offspring** which do not look like them e.g. frogs.
- To stop illness and infection spreading, we must be hygienic and keep ourselves clean.

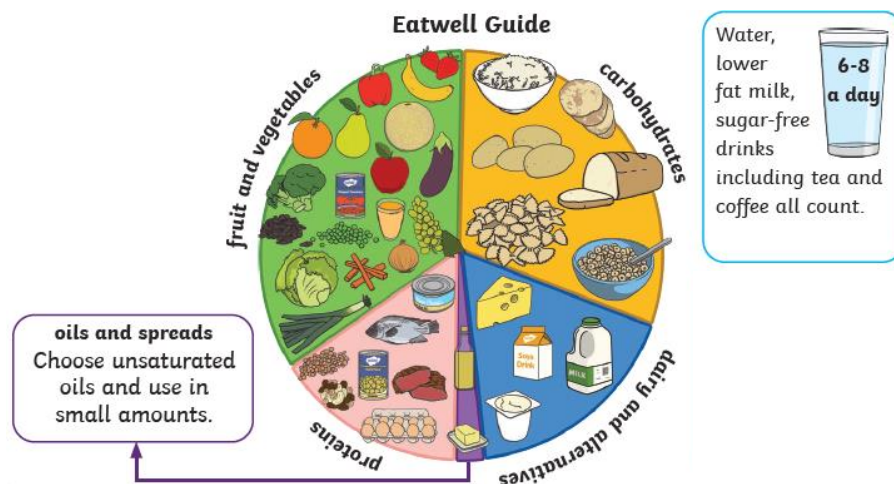


Diagrams

- All young animals change at different stages as they grow into **adults**.



- To grow into a healthy **adult**, we must eat the right types of food in the right amount and we must exercise.



Vocabulary

- **Adult**- A fully grown animal or plant.
- **Dehydrate**- to lose water (dry out).
- **Develop** – to grow and become stronger.
- **Diet**- The food and water that an animal needs.
- **Disease**- Illness or sickness.
- **Energy**- The power needed to carry out a task.
- **Exercise**- A physical activity to keep your body fit.
- **Germs**- Bugs that cause disease and illness.
- **Heart rate**- The number of times a heart beats in one minute.
- **Hygiene** – How clean something is (to stay healthy and stop disease and illness spreading).
- **Life Cycle**- The changes living things go through to become an adult.
- **Live Young**- Offspring that has not hatched from an egg.
- **Nutrition**- Food needed to live.
- **Offspring**- The child of an animal.
- **Pulse**- the beating of the heart that can be felt in your neck or wrist.
- **Reproduce**- When living things make a new living thing of the same kind.